



GESHER SUMMER PROGRAM 2009 LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
June 29 Baked Ziti Mixed Vegetables	30 Hamburgers/Buns French Fries, Pickles, Tomatoes	July 1 Pizza Caesar Salad	2 Roast chicken Orzo	3 CAMP CLOSED
6 Hot Dogs/Buns Baked Beans Sauerkraut	7 Pizza Bagels	8 Chicken Nuggets White Rice	9 Macaroni & Cheese Green Beans	10 Bagels Tuna, Egg Salad Yogurt, American Cheese
13 Sloppy Joes / Buns Peas & Carrots	14 Baked Ziti Mixed Vegetables	15 Pizza Cucumber salad	16 BBQ Chicken Orzo Mixed Vegetables	17 French Toast Scrambled Eggs
20 Chicken Nuggets French Fries	21 Turkey with Gravy Mashed potato	22 Pizza Caesar Salad	23 Spaghetti with Marinara Sauce Vegetables	24 Cheese & Potato Blintzes, Latkes Sour Cream, Applesauce
27 Cheese Ravioli Marinara Sauce Cottage Cheese	28 Pancakes Yogurts	29 Pizza Bagels	30 CAMP CLOSED	31 Fish Sticks Mashed Potatoes
Aug. 3 Hamburgers/Buns French Fries, Pickles, Tomatoes	4 Pizza Caesar Salad	5 Falafel Pita Israeli Salad	6 Deli Sandwiches Cole slaw	7 French Toast Scrambled Eggs
10 Chicken Nuggets French Fries	11 Macaroni & Cheese Green Beans	12 Hawaiian Chicken Orzo	13 Hot Dogs/Buns Baked Beans Sauerkraut 5	14 Pancakes Scrambled Eggs
17 Pizza Caesar Salad	18 Beef-a-Roni Vegetables	19 Deli Sandwiches French Fries Pickle Chips	20 Chicken Cutlets Orzo Mixed vegetables	21 Macaroni & Cheese Green Beans LAST DAY CAMP

AVAILABLE DAILY:

Salad Bar: Tuna and Egg Salad, Assorted Vegetables, Dressing
Pasta, Soy or Sunflower Butter, Jelly, Cream Cheese (available on dairy days only)
Lemonade, Iced Tea or Fruit Punch

ALL FOOD IS UNDER THE STRICT SUPERVISION OF THE ORTHODOX UNION MASHGIACH TEMEDI